HIKING TRAILS

EASIEST TRAILS

1. MEMORY LANE (0.7 kms)
   - This short trail has a series of benches to honor the lives of staff, family and friends. (Approx. 10 - 15 min.)

INTERMEDIATE TRAILS

2. TOP OF THE WORLD (1.0 kms)
   - Enjoy this spectacular sea to sky panorama from the peak of the mountain. This is not to be missed! (Approx. 15 - 20 min.)

3. LINTON’S TRAIL (3.1 kms)
   - Following the famous ski run, Linton’s Trail provides great awe-inspiring views of Strathcona Provincial Park and Mt. Albert Edwards. (Approx. 45 min. - 2 hrs.)

4. GIV’ER TRAIL (1.1 kms)
   - This trail winds through the West Basin and then peaks at little Mount Washington before doubling back. (Approx. 1 - 2.5 hrs.)

5. WEST SUMMIT RIDGE (3.4 kms)
   - This trail, which heads into the West Rock and then peaks at the summit of Mt. Washington, is the most challenging of all. (Approx. 2 - 3 hrs.)

ADVANCED TRAILS

6. FINGER TRAIL (7.5 kms)
   - The Finger Trail winds through the West Basin and then peaks at little Mount Washington before doubling back. (Approx. 1.5 - 2.5 hrs.)

7. GREAT BIG VIEW (0.3 kms)
   - Enjoy this spectacular sea to sky panorama from the peak of the mountain. This is not to be missed! (Approx. 15 - 20 min.)

8. MARMOTS MESS (0.3 kms)

HIKING CHECKLIST

To determine what you need to bring on a day hike, think about how far you plan to hike, how remote the location is and what the weather forecast has in store. In general, the longer and/or more remote the hike is and the more inclement the weather, the more clothing, gear, food and water you’re going to want. Mountain conditions can change quickly and unexpectedly.

What to Bring Day Hiking

These items should be on your hiking checklist:
- Hiking backpack
- Weather-appropriate clothing
- Hiking boots or shoes
- Plenty of food
- Plenty of water
- Navigation tools such as a map and compass
- First aid kit
- Knife or multi-tool
- Hiking checklist
- LIFT INFORMATION

Eagle Quad Chairlift: (Alpine Lodge to Mt. Washington peak) Ride time, 6 minutes, vertical rise 396 metres

Hawk 6ixpak Chairlift: (Easy acres flats to bottom of the West Basin) Ride time, 8 minutes, vertical rise 316 metres

NUMBERS TO KNOW

- General Information: 250 338-1386
- Lost & Found & Security: 250 334-5701
- Patrol: 250 702-7271

WEB SITE:

www.mountwashington.ca/hiking