

MT. WASHINGTON BIKE PARK

Level Descriptions

DISCOVER: Never-Ever / Beginner	
Rider Experience	<ul style="list-style-type: none"> • No experience in a downhill (DH) mountain bike park. • Limited mileage on city streets and paved bike paths. • Little experience on a mountain bike and/or terrain such as dirt roads and man-made gravel bike trails. • Average balance and control on a bike and can control the use of hand brakes. • Limited to no experience in DH mountain bike parks. • Some experience on green technical trails (easy gradient with roots and/or rocky terrain) and are able to ride comfortably at slower speeds. • Very limited to no mileage in the Mt. Washington Bike Park. • You are able to control your bike but you have challenges with roots, rocks, and/or narrow single track. • Good balance and control on a bike and can control the use of hand brakes.
Suggested Lesson	Learn to Ride Learn to Ride: Step Up Private Ride
Suggested Trails / Areas	Skills Park Greenline Hwy 19
LEVEL 1: Novice	
Rider Experience	<ul style="list-style-type: none"> • Ridden a DH mountain bike park once or twice. • Already a capable rider and may have taken a course before. • Have a fair amount of experience riding XC but not as much DH. • Can ride any green trails and some blue with confidence, although you occasionally find challenging sections. • No jumping or drop experience but you can ride, balance, change gears and brake without thinking about it. • Looking to learn how to drop and jump safely. • Looking to improve your confidence for more technical trails, roots, and rocky sections.
Suggested Lesson	Learn to Ride: Step Up Private Ride
Suggested Trails / Areas	Skills Park Greenline Hwy 19

LEVEL 2: Intermediate	
Rider Experience	<ul style="list-style-type: none"> • Comfortable on all green and blue technical and flowing trails with jumps and drops and can comfortably ride the blue wide flowing blue trails with rollers and easy jumps in the Mt. Washington Bike Park. • Comfortable at slower speeds on technical blue trails with roots and loose rocks and tight single track. • More experience on a XC Mountain bike than DH bike. • Able to ride on green and blue trails with confidence. • Comfortable on a variety of terrain including roots, rocks, and technical trail features. • Ready to improve your style, get comfortable with steeper more technical trails, doing jumps/drops, and higher speed cornering. • Limited jumping or drop experience.
Suggested Lesson	Learn to Ride: Step Up Private Ride
Suggested Trails / Areas	Skills Park Hwy 19 Blue Hammer Call It In / Mix It Up
LEVEL 3: Advanced	
Rider Experience	<ul style="list-style-type: none"> • Can ride almost anything, from single track to downhill. You are confident at riding black trails and some double black, both technical and flow trails with jumps and drops. • Can ride blue trails and some black XC or technical single track. Able to handle small drops, roots, rocks and steeper, descending terrain. • Some jumping or drop experience. • Able to ride smoothly, retain balance, change gears and brake comfortably at higher speeds and on steeper and rougher terrain. • Working towards improving jump, drop and cornering skills to handle the harder blue and black flow trails. • Looking to improve your jumping technique, drops, and being able to ride technical trails. You are interested in getting faster, more stylish, and discerning line selection.
Suggested Lesson	Private Ride
Suggested Trails / Areas	Skills Park Hwy 19 Blue Hammer Call It In / Mix It Up Helter Skelter Time Warp The Wiz Back in Black (<i>experts only</i>) Monster Mile (<i>experts only</i>) Straight Shot (<i>experts only</i>)